

## **Vulnerable Adult Befriender - Job Description**

For the purposes of this document River Church recognises the following definition of a Vulnerable Adult:

Any adult aged 18 or over who, by reason of mental or other disability, age, illness or other situation is permanently or for the time being unable to take care of him or herself, or to protect him or herself against significant harm or exploitation.

## The Role:

To visit church members who are unable to get out for reasons of age or physical / mental disability.

To provide friendship and company and spiritual support.

The role requires the completion of an application form and basic safeguarding training. This role does not need a DBS check unless the role happens more than 4 times a month.

## **Responsibilities:**

To go with another befriender. At least one person should be of the same gender as the person being visited.

To arrive on time.

To be friendly and caring.

To provide friendship and spiritual support in whatever way the person wants or as agreed with their primary carer. This could include conversation, writing letters etc., prayer, reading, giving communion. You may also do simple household tasks e.g., washing up, making a cup of tea.

Try to stay within the agreed duration for the visit.

Report any concerns to Rachel Smith.

## However:

You may not take part in any personal care e.g., washing, dressing feeding.

You may not handle their money including doing shopping for them.

You may not drive them to any health care appointments.

(If you are DBS checked for Vulnerable Adults you are allowed to do the above as agreed by the primary carer.)

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