POWER IN SACRIFICE

Romans 12 BSB

- Therefore I urge you brothers, on account of God's mercy, to offer your bodies as living sacrifices, holy and pleasing to God, which is your spiritual service of worship.
- Do not be conformed to this world, but be transformed by the renewing of your mind.
- Then you will be able to test and approve what is the good, pleasing, and perfect will of God

John 3:16 (NIV)

- For God so loved the world that he gave his one and only Son, that whoever believes in him shall not perish but have eternal life.
- For God did not send his Son into the world to condemn the world, but to save the world through him
- Whoever believes in him is not condemned, but whoever does not believe stands condemned already because they have not believed in the name of God's one and only Son.
- This is the verdict: Light has come into the world, but people loved darkness instead of light because their deeds were evil
- Everyone who does evil hates the light, and will not come into the light for fear that their deeds will be exposed.
- But whoever lives by the truth comes into the light, so that it may be seen plainly that what they have done has been done in the sight of God

Rev 3:5 (NLT)

All who are victorious will be clothed in white.
 I will never erase their names from the Book of life,
 But I will announce before my Father and his angels that they are mine

Romans 3:23-25 (NLT)

- For everyone has sinned, we all fall short of God's glorious standard.
- Yet God in his grace freely makes us right in his sight.
- He did this through Christ Jesus when he freed us from the penalty for our sins.
- For God presented Jesus as the sacrifice for sin.
- People are made right with God when they believe that Jesus sacrificed his life, shedding his blood.
- This sacrifice shows that God was being fair when he held back and did not punish those who sinned in times past
- For he was looking ahead and including them in what he would do in this present time.
- God did this to demonstrate his righteousness
- For he himself is fair and just, and he makes sinners right in his sight when they believe in Jesus

John 15:13

- There is no greater love than to lay down one's life for one's friends, You are my friends if you do what I command.
 - I no longer call you slaves, because a master doesn't confide in his slaves.
 - Now you are my friends since I have told you everything the Father told me.
 - You didn't choose me, I choose you.
 - I appointed you to go and produce lasting fruit, so that the Father will give you whatever you ask for, using my name.
 - This is my command. Love each other

1 Corinthians 6:19

- Do you not know that your bodies are temples of the Holy Spirit, who is in you, who you have received from God?
- You are not your own

Living Sacrifice

- A person who lives their life dedicated to the purposes of God
- Trying to BE more like Jesus
- Looking after the poor and needy
- Showing love, kindness and forgiveness
- Using the Spiritual gifts we have been given to bring breakthough and freedom

In other words

Living according to God's will and Word
 le: not conformed to this world but transformed by God

Hebrews 13:15 (NKJ)

 Therefore by Him let us continually offer the sacrifice of praise to God, that is, the fruit of our lips, giving thanks to His name

Mark 9:28-29 (NKJ)

- His disciples asked Him privately, "Why could we not cast it (a demon) out?"
- So He said to them, "This kind can come out by nothing but prayer and fasting"

1 John 2: 15-16 (NLT)

- Do not love this world nor the things it offers you, for when you love the world, you do not have the love of the Father in you.
- For the world offers only a craving for physical pleasure, a craving for everything we see, and pride in our achievements and possessions.
- These are not from the Father, but are from this world.

• A one day Fast (can be known as Partial Fast) involves not eating food from sunup to sundown, but you can have water

Partial Fast

Usually means omitting a specific meal from your diet \mathbf{or} omitting certain food types It can last between 10 - 21 days

- Daniel Fast is similar to the Partial Fast
 In Daniel 1-12 they restricted their diet to vegetables and water (for 10 days)
- A full Fast or liquid Fast means only liquids, you need water, but you can also have clear broth, and juices that are 100% pure fruit or vegetable. This can last for 40 days

No meat, no diary, no sweets, no bread, no processed food

Any health problems consult a Doctor first