

SIMPLE PRAYER

FOR NORMAL PEOPLE

Mark 6:30-34





there's
always
a story
behind
the story





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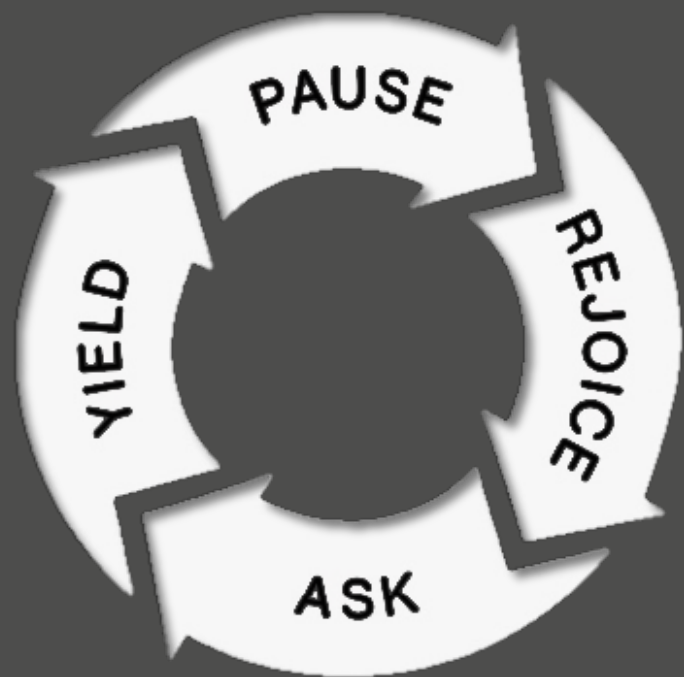


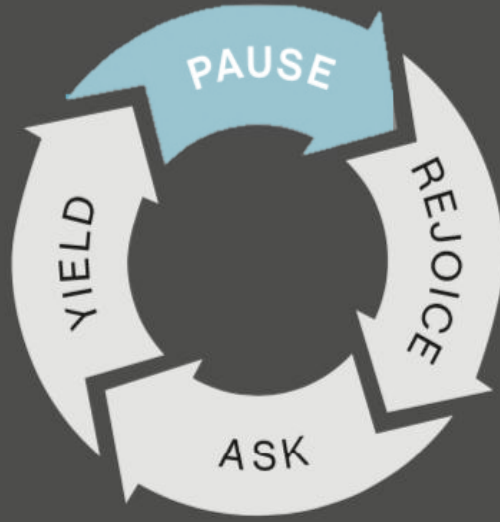
Mark 6:30-31

The apostles gathered around Jesus and reported to him all they had done and taught. Then, because so many people were coming and going that they did not even have a chance to eat, he said to them,

“Come with me by yourselves to a quiet place and get some rest.”







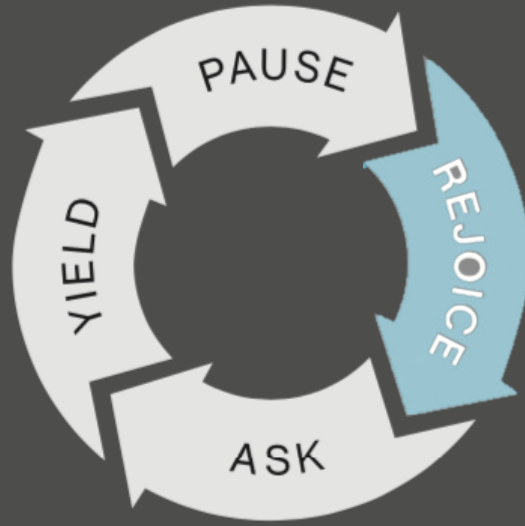
STEP 1: PAUSE

SLOWING AND CENTERING

Be still, and know that I am God.

PSALM 46:10





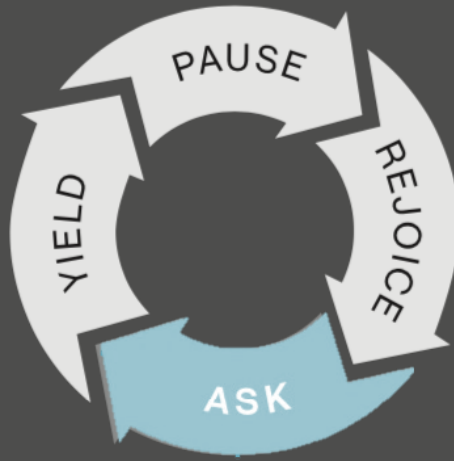
STEP 2: REJOICE

ADORATION AND THANKSGIVING

Rejoice in the Lord always. I will say it again: Rejoice!

PHILIPPIANS 4:4



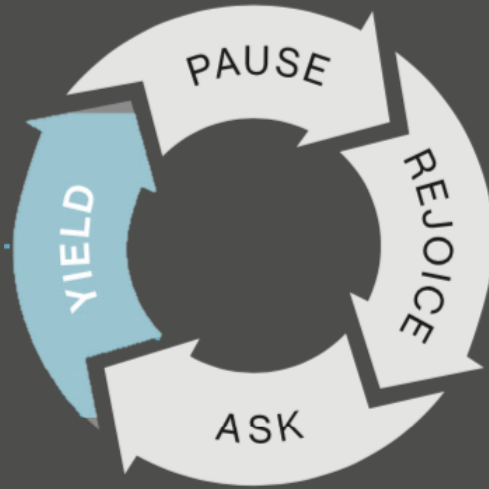


STEP 3: ASK

PETITION, INTERCESSION,
AND PERSEVERANCE

‘Ask anything in my name and I will do it.’ John 14:14





STEP 4: YIELD

CONTEMPLATION, LISTENING, CONFESSION,
AND SPIRITUAL WARFARE

*Offer your bodies as a living sacrifice, holy and pleasing to
God—this is your true and proper worship. . .ROMANS 12:1*

