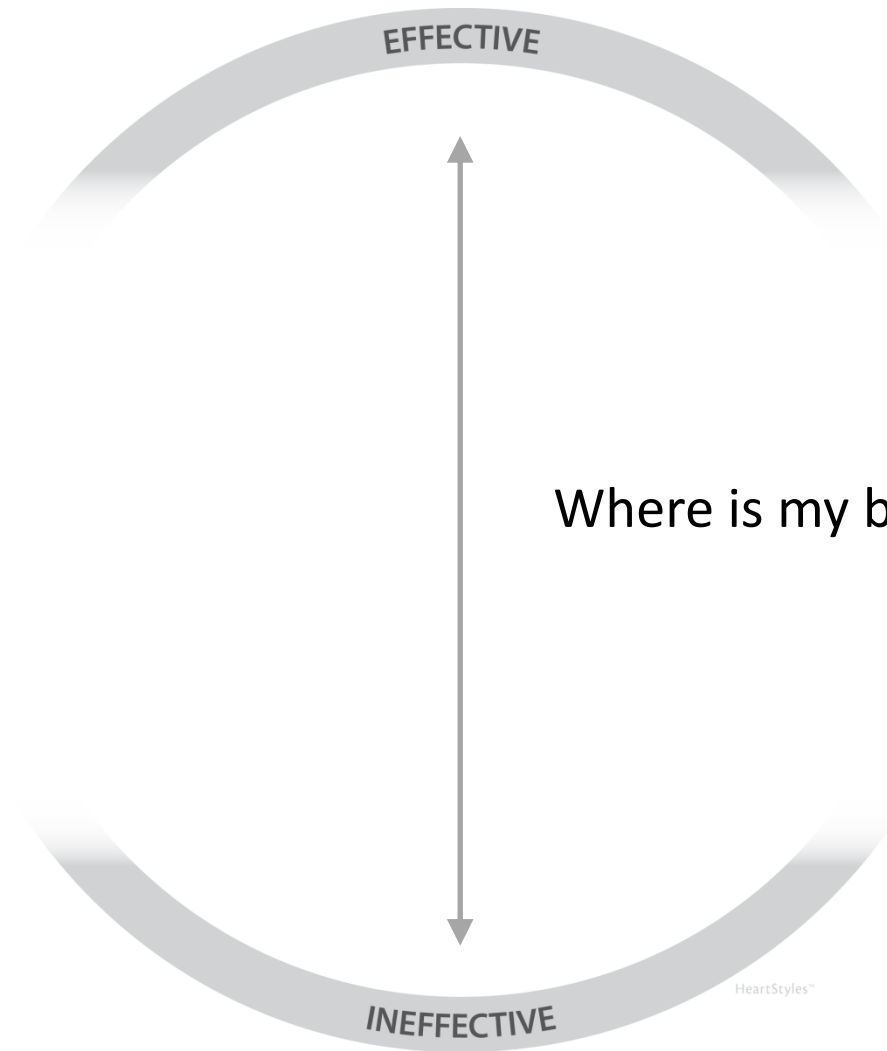


HeartLife

Above and Below the Line

Where is my behaviour?



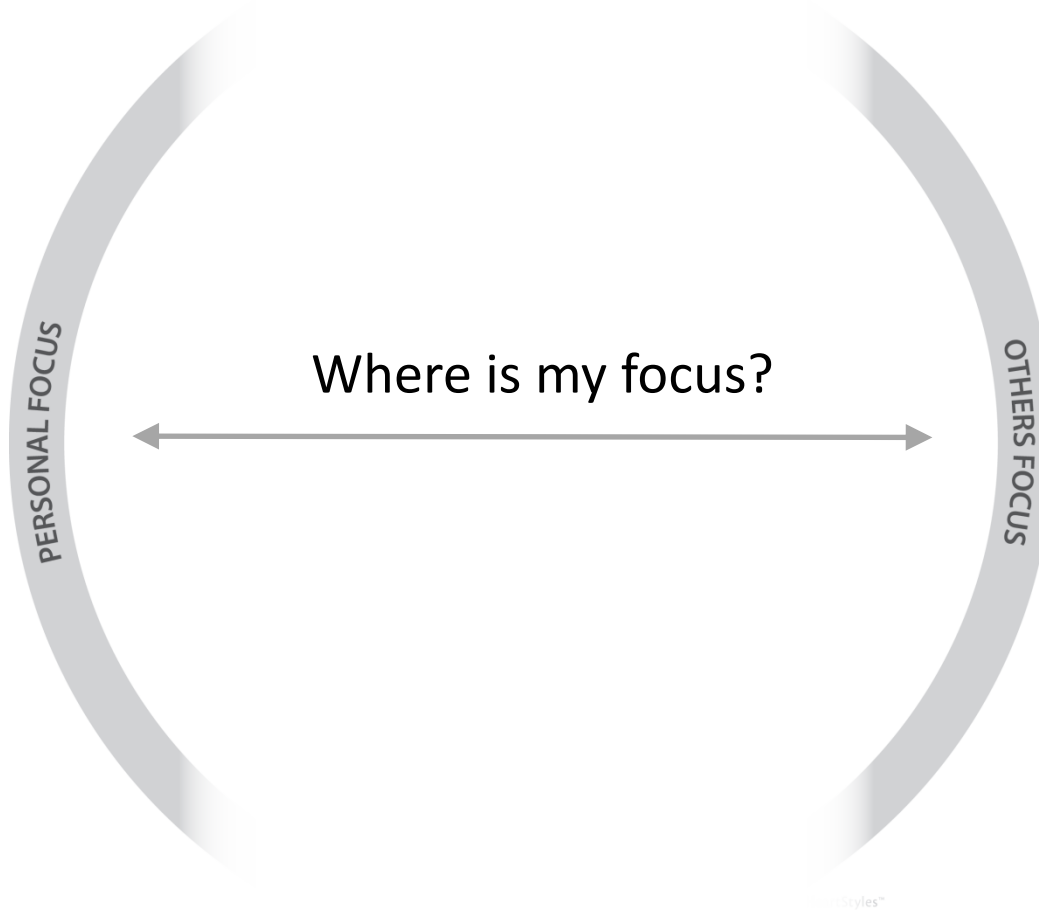
HeartStyles™

Indicator language

Above the line
Functional
Constructive
Effective

Ineffective
Defensive
Dysfunctional
Below the line

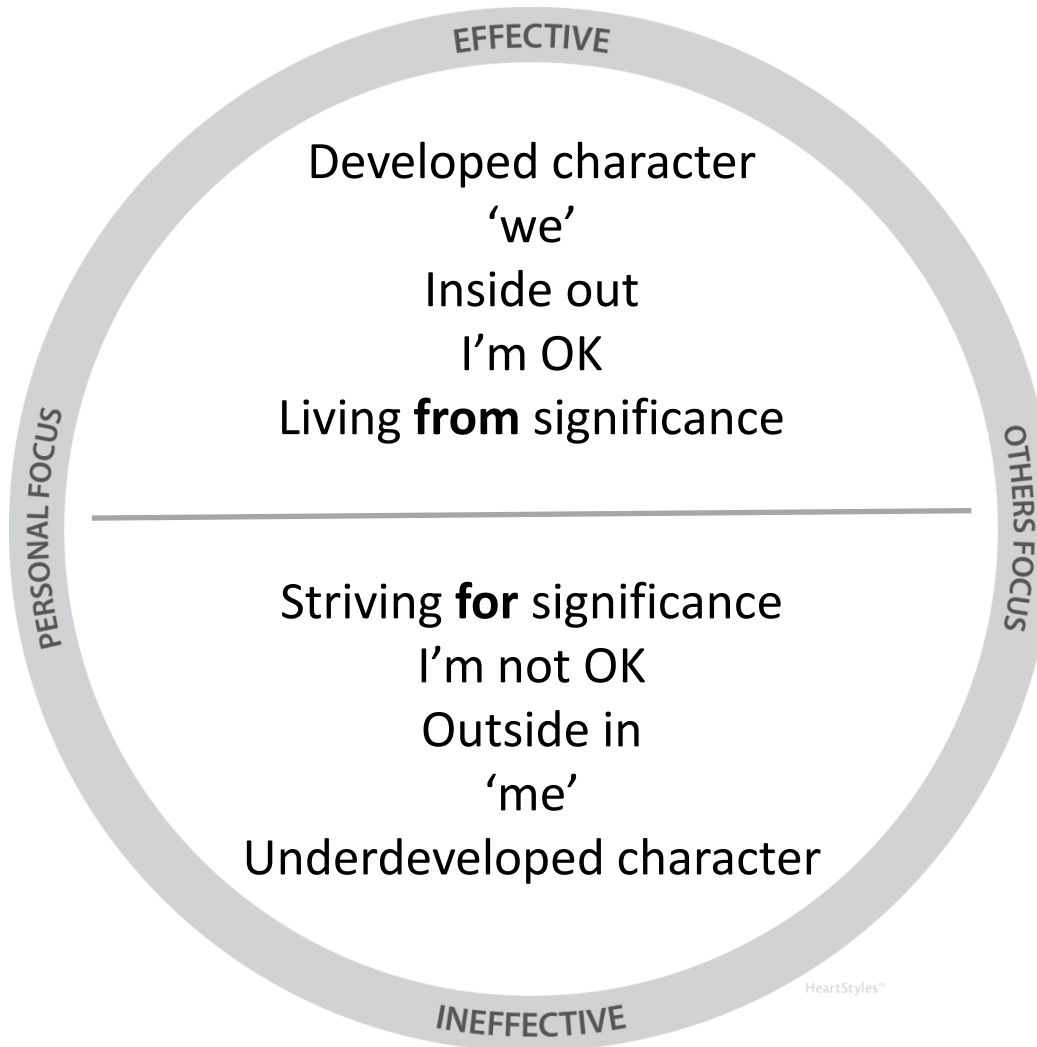
Where is my focus?



Quadrant names



Indicator depth



Personal growth
HUMILITY

INTEGRITY TRANSPARENT
APPROACHABLE GENUINE CALM
ADMITS MISTAKES
SPEAKS THEIR TRUTH
SERVANT LEADERSHIP **NO EGO**
STRONG CHARACTER **SAFE PLACE**
RESPECTFUL SELF AWARE **BRAVE** OPEN

High performance with honour

Growing others
LOVE

EMPATHY NOT ABOUT ME
POSITIVE EMOTION
COACH AND CRITIC PASSION
SERVES OTHERS FORGIVENESS
EMOTIONALLY ENGAGED
CARING ENDURING GIVING OPEN
DEPENDABLE **TRUSTWORTHY**

An intelligent willingness to do what is best for others

Self promoting
PRIDE

AGGRESSIVE POWER
BULLY UNAPPROACHABLE **EGO**
DOMINATING GREED
ARROGANT IDENTITY IN POSITION INSECURE
SELF AMBITION FIGHT
PROVING OF SELF
SELF RIGHTEOUS **PUSHY** BOASTFUL HUNTER

The prison that traps us in our ego and self-importance

Self protecting
FEAR

NEEDS VALIDATION **PASSIVE**
PASSIVE PROVING OF SELF
CONVENTIONAL SHAME
INSECURE COMPLIANT
PEOPLE PLEASING BLAME **NEEDY**
TIMID WITHDRAWN
INDECISION HUNTED **HIDE**
AVOID CONFLICT

The fortress that holds us back from potential and promise