Why we do the things we do

HeartLife™

S+T=B

Why we do the things we do

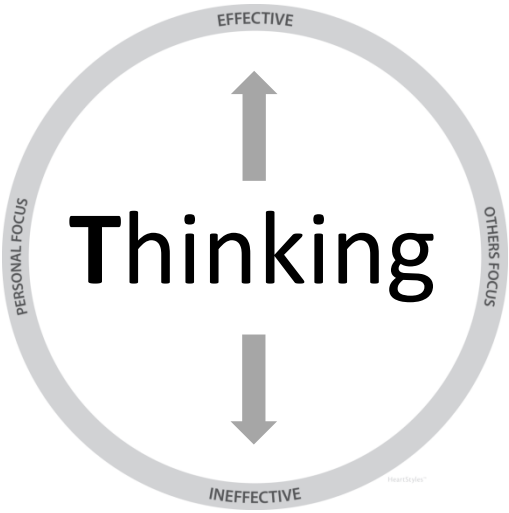
Situation = **B**ehaviour

HeartLife™

HeartLife™

S+T=B

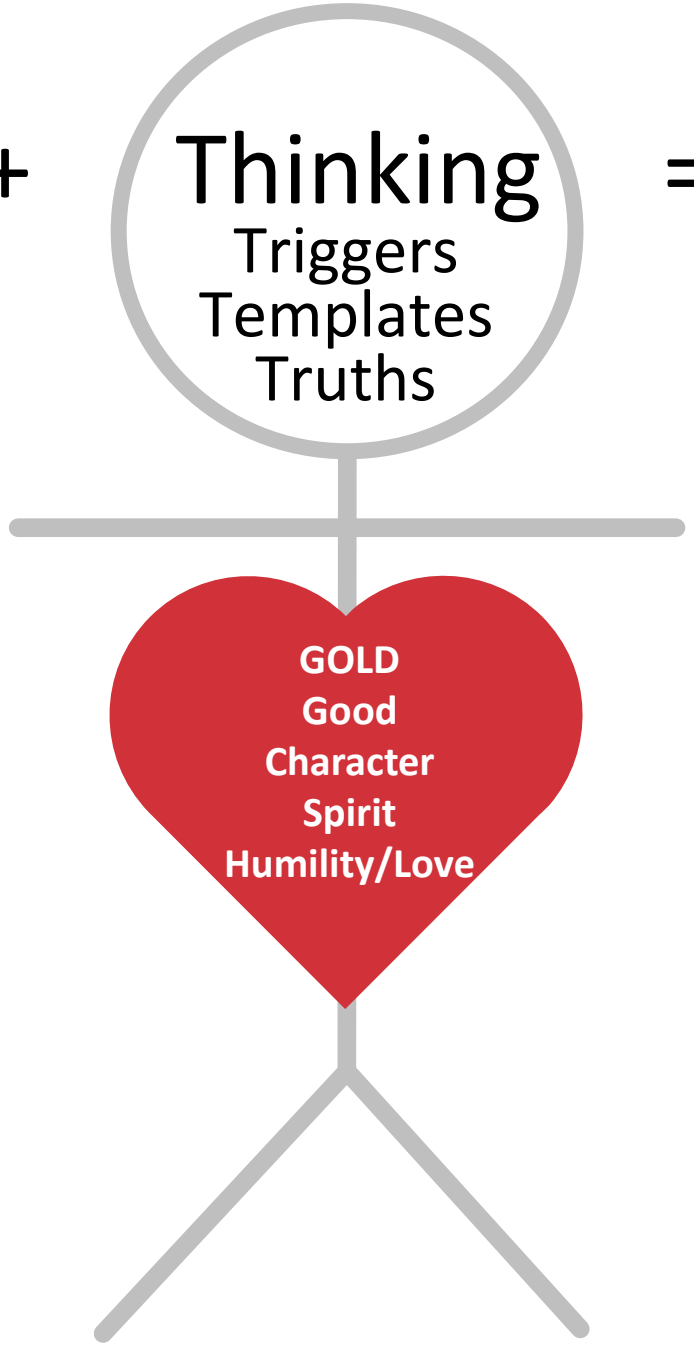
Why we do the things we do

Situation + 

Thinking = **B**ehaviour

HeartLife™

Situation + Thinking = Behaviour



HeartLife™

Situation + Thinking = Behaviour

Triggers
Templates
Truths

Voids

From a lack of
love, self-worth, security

FILL the void

with PRIDE

Wounds

From criticism,
not being good enough,
not being accepted

HEAL the wound

from FEAR

HeartLife™

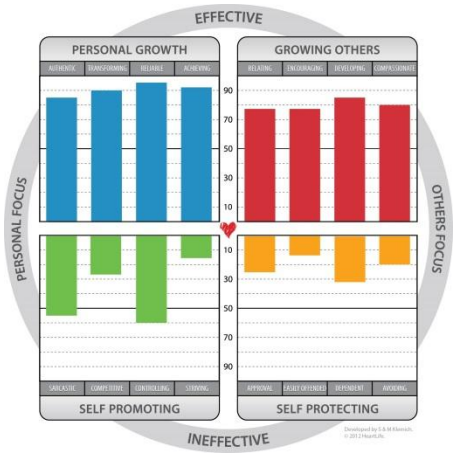
Situation + **THINK** = Behaviour

STOP

‘REPENT’
(think differently, renew mind)

BEHAVE

GOLD
Good
Character
Spirit
Humility/Love



HeartLife™